



J. RYLAND SCOTT, M.D., FACS

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www.harbinclinic.com/bariatriccenter

Criteria for Consideration for Bariatric Surgery:

- Current BMI of greater than 40 or BMI of greater than 35 with obesity related comorbidities.
- Longstanding history of obesity despite failed medical weight loss regimens with documentation of at least three years of previous weights
- Motivated patient that can demonstrate a lifetime commitment to a surgical weight loss program with nutritional guidelines and follow-up appointments
- Letter of referral from primary care physician stating that patient has failed physician supervised medical weight loss efforts and is motivated to pursue weight loss surgery
- Verification from insurance provider that bariatric surgery consultation is a covered benefit (i.e. will the provider even consider coverage for surgery) or the patient is willing to self finance
- No drug or alcohol addiction for at least one year and no poorly controlled mental disorder that would interfere with appropriate follow-up regimens and compliance
- Must have quit smoking for at least six weeks prior to surgery
- Less than 65 years of age
- Weighs less than 450 lbs. and BMI < 65.
- Willing and able to use effective birth control for at least 18 months after surgery (women only)
- Commitment to participate in a structured exercise program with at least a six week preoperative component

**Each patient that meets the above criteria is then evaluated collectively by our multidisciplinary team to assess their candidacy for weight loss surgery.

Bariatric Services Available at Harbin Clinic:

- Bariatric Surgeon –
Harbin Clinic Bariatric Center • (706) 378-8140
- Bariatric Dietitian –
Harbin Clinic Nutritional Therapy • (706) 378-8129
- Psychiatrist or licensed clinical psychologist for pre-op evaluation –
Harbin Clinic Behavioral Sciences • (706) 295-2028
- Exercise physiologist or trainer –
Harbin Clinic Vitality Wellness Center • (706) 290-2334
- Diabetes management –
Harbin Clinic Diabetes Management Center • (706) 378-8129
- Sleep lab study to rule out obstructive sleep apnea –
Harbin Clinic Sleep Lab • (706) 236-6475
- Pulmonary consultation if significant pulmonary disease –
Harbin Clinic Pulmonary Medicine • (706) 236-6353
- Cardiac stress testing or consultation for pre-op evaluation –
Harbin Clinic Cardiology • (706) 235-3855
- Gastroenterology (pre-op EGD if significant GERD, PUD, or HX of gastric pathology) –
Harbin Clinic Gastroenterology • (706) 238-8010
- Endocrinology Evaluation –
Harbin Clinic Endocrinology • (706) 238-8033
- Physical Medicine and Rehabilitation Services –
Harbin Clinic Spine & Pain Center • (706) 233-8514
- Plastic & Reconstructive Surgery (for optional body contouring after massive weight loss)
Plastic Surgery Center at Harbin Clinic • (706) 233-8500